



CBD TUFF CAMP

June 23-26, 2011



***** IN MEMORY OF LINDSEY DURLACHER *****

The BOOT CAMP for CHAMPIONS! CHAMPION by design TUFF CAMP, taking place at Cottonwood Hot Springs in Buena Vista Colorado, is not your average run-of-the mill dime-a-dozen technique camp – it is a life changing outdoor high altitude high performance core wrestling based battle SUCCESS training, incorporating the award winning Champion By Design human potential technology. CBD TUFF CAMP is an experience you cannot miss!

This is a LIVE extreme cross-fit battle “wrestling-centric” outdoor survival training for the serious Wrestling, Grappling, Submission, MMA, Judo, Jiu-Jitsu, Sombo, Aikido, Tai-Chi competitor and self defense enthusiast! Four days that will transform your life forever! A star studded training team of legendary superstar athletes and coaches come together to create mind-blowing positive impact.

*"I've made some great changes this year and had a ton of help. One tool that I have been using is my Champion By Design program. Positive thinking helps to achieve positive results. Join Champion By Design June 23-26 and work on the mental part of your game."
–Daniel Cormier, 2X Olympian Wrestler & Undefeated MMA PRO*

TRAINING SESSIONS/WORKSHOPS

SESSIONS:

- High Altitude Super-Cardio Challenge
- Battle Success Principles I
- Battle Success Principles II
- LIVE Battle Challenge I
- LIVE Battle Challenge II
- Legendary Fraser Grinds
- **AND MORE!**

WORKSHOPS:

- Mortal Tao of Combat – Tadaaki Hatta
- WINNING – Stephen Neal
- Gold Medal Model I – Eric Albarracin
- Gold Medal Model II – Keith Wilson
- CHAMPION By Design – Enrique Montiel
- **AND MORE!**



TRAINING TEAM: Tadaaki Hatta (Olympic Team Coach, NCAA Champion, Author), Keith Wilson (Olympic Team Coach, National Champ), Stephen Neal (3X NFL Superbowl Champ, World Champion, 2X NCAA Champion), Eric Albarracin (The Gold Medal Mentor), Enrique Montiel (CBD Developer, All-American), and more!



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You prepare for anything... You hope for the best but are ready for however the cards will fall... You know that your ability to command your destiny can come down to how you respond to the challenges that life will present to you and test your character. **You are a warrior** and you train for unexpected and unimaginable events that cross your path. **You live for the moment & the fight. Victory is your personal mission & only option.**

"I feel my confidence level is up about 10 more notches... it just took me to another level, man... Champion By Design is worth every minute, every second." –Henry Cejudo, Olympic Champion

- **Gold Medal training instruction**
 - **High altitude super cardio-conditioning**
 - **Cutting edge Champion By Design programming**
 - **Private & secluded Rocky Mountain warrior training**

The CHAMPION by design TUFF CAMP is a four (4) day personal SUCCESS training, June 23-26, 2011, that has something for everybody to gain. This is a "Boot Camp" for mental-physical mastery, engaging fully the psychological principles of unstoppable full contact battle engagement. It is slow burning "*Incline*" – train your skill and cardio hard high and deep in the mountains (8,500-10,000 ft) by day, **soak away the pain in the natural HOT SPRINGS of the North Cottonwood Pass, Colorado Rocky Mountains, and turn the power up at every level through the special no holds-barred success workshop series.**

"It's going to be a great retreat from normal society, hands on with each and every person. Everyone's going to be a group and we're going to be surviving together." –Stephen Neal, 3X NFL Superbowl Champion, Freestyle Wrestling World Champion, 2X NCAA Champion Wrestler

COMMUTER - \$199: Includes training & workshops. No meals, no camping, no soaking.
***All details & registration online: CBDTUFF.com**

STANDARD - \$298: Includes training, workshops, camping, hot springs soaking and meals. *No transportation provided. ***All details & registration online: CBDTUFF.com**

VIP "ROAD" WARRIOR - \$397: Includes all training, workshops, hot springs soaking, meals, sleeping gear and full ground transportation (**Shuttle pickup to/from Denver International Airport.**) ***All details & registration online: CBDTUFF.com**

**Proud supporting sponsor of [The Women's Resource Agency](#) - empowering women affected by domestic violence & rape, and the [Jose Cortez Memorial Scholarship](#) - helping underprivileged youth get an advantage in life.*